THE INTERNATIONALLY BESTSELLING CLASSIC

Psycho-Cybernetics

UPDATED AND EXPANDED

TAP INTO THE POWER OF YOUR SUBCONSCIOUS MIND TO:

- Improve your self-image
- Learn to use your positive past
- Set and achieve worthwhile goals
- Develop compassion, self-respect, and forgiveness
- Cultivate the power of rational thinking
- Discover the key to a happier, more successful life

MAXWELL MALTZ, MD, FICS

New introduction and commentary by MATT FUREY,
president of the Psycho-Cybernetics Foundation