

THE INTERNATIONALLY BESTSELLING CLASSIC

Psycho- Cybernetics

UPDATED AND EXPANDED

TAP INTO THE POWER OF YOUR SUBCONSCIOUS MIND TO:

- Improve your self-image
- Learn to use your positive past
- Set and achieve worthwhile goals
- Develop compassion, self-respect, and forgiveness
- Cultivate the power of rational thinking
- Discover the key to a happier, more successful life

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New introduction and commentary by **MATT FUREY**,
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