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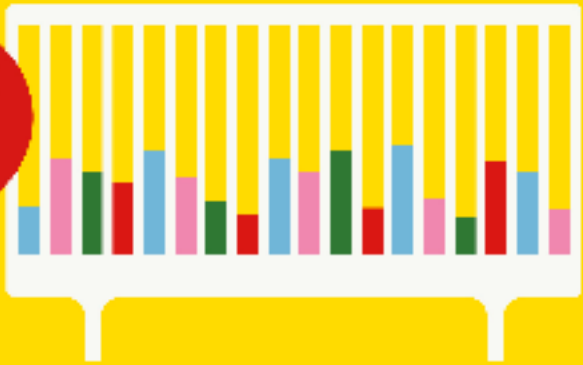

a data-driven guide to better, more relaxed parenting, from birth to preschool

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