

*The real evidence
on breastfeeding*

*How to calm down
about milestones*

*How and why
to sleep train*



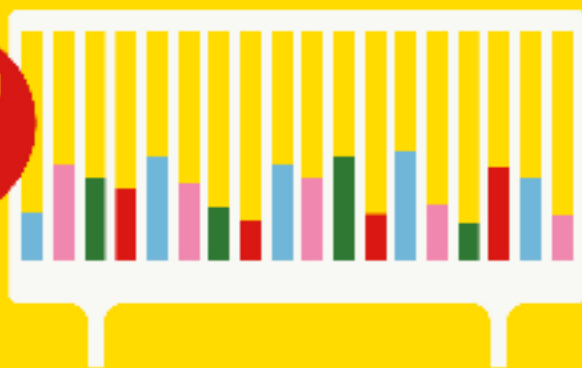
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EMILY OSTER

Author of Expecting Better