

FROM THE NATION'S LEADING MIDWIFE

# INA MAY'S GUIDE TO CHILDBIRTH

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"Simply put, midwife Ina May Gaskin is the most important person in maternity care in North America, bar none... This book should be read by every woman who is having or may someday have a baby, and by every midwife, nurse, doula, childbirth educator, and doctor who assists or may someday assist these women through their maternity experience."

—MARSDEN WAGNER, M.D., M.S.,

former Director of Women's and Children's Health, World Health Organization

**INA MAY GASKIN**  
AUTHOR OF *SPIRITUAL MIDWIFERY*