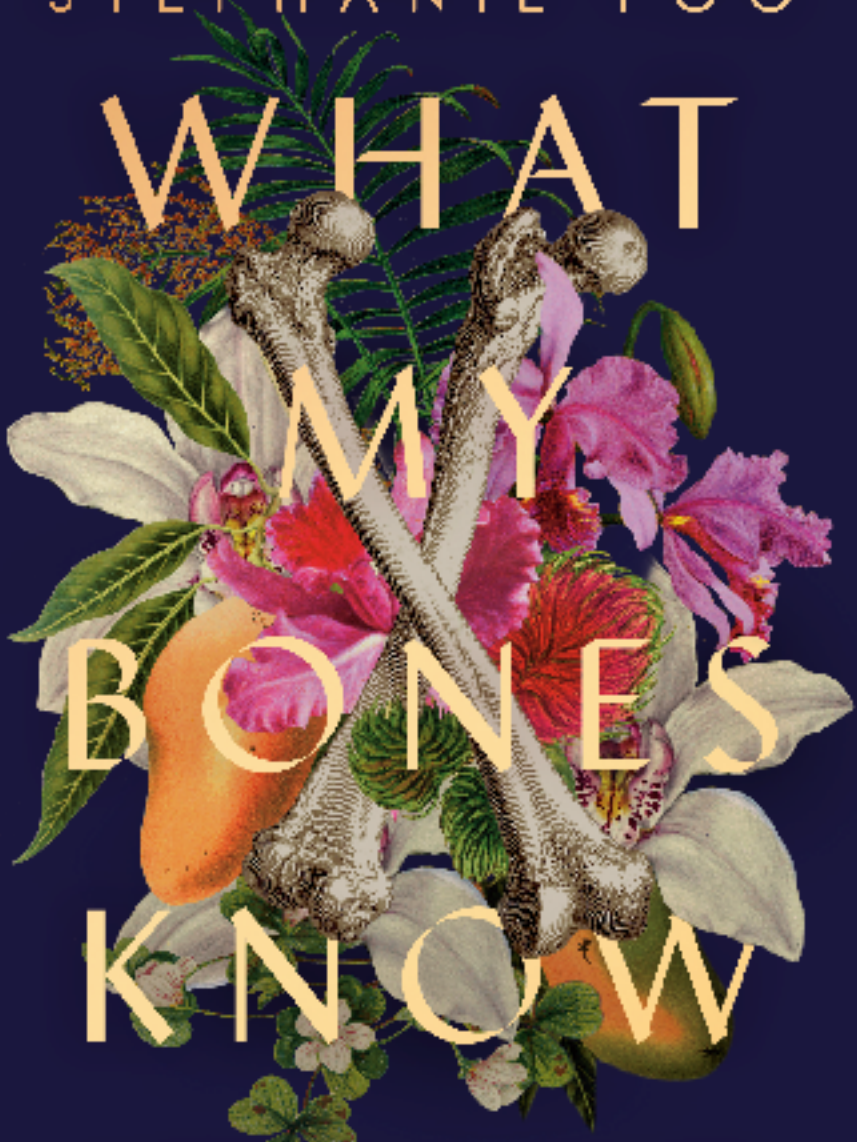
"Achingly exquisite . . . providing real hope for those who long to heal."
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A MEMOIR OF HEALING FROM COMPLEX TRAUMA