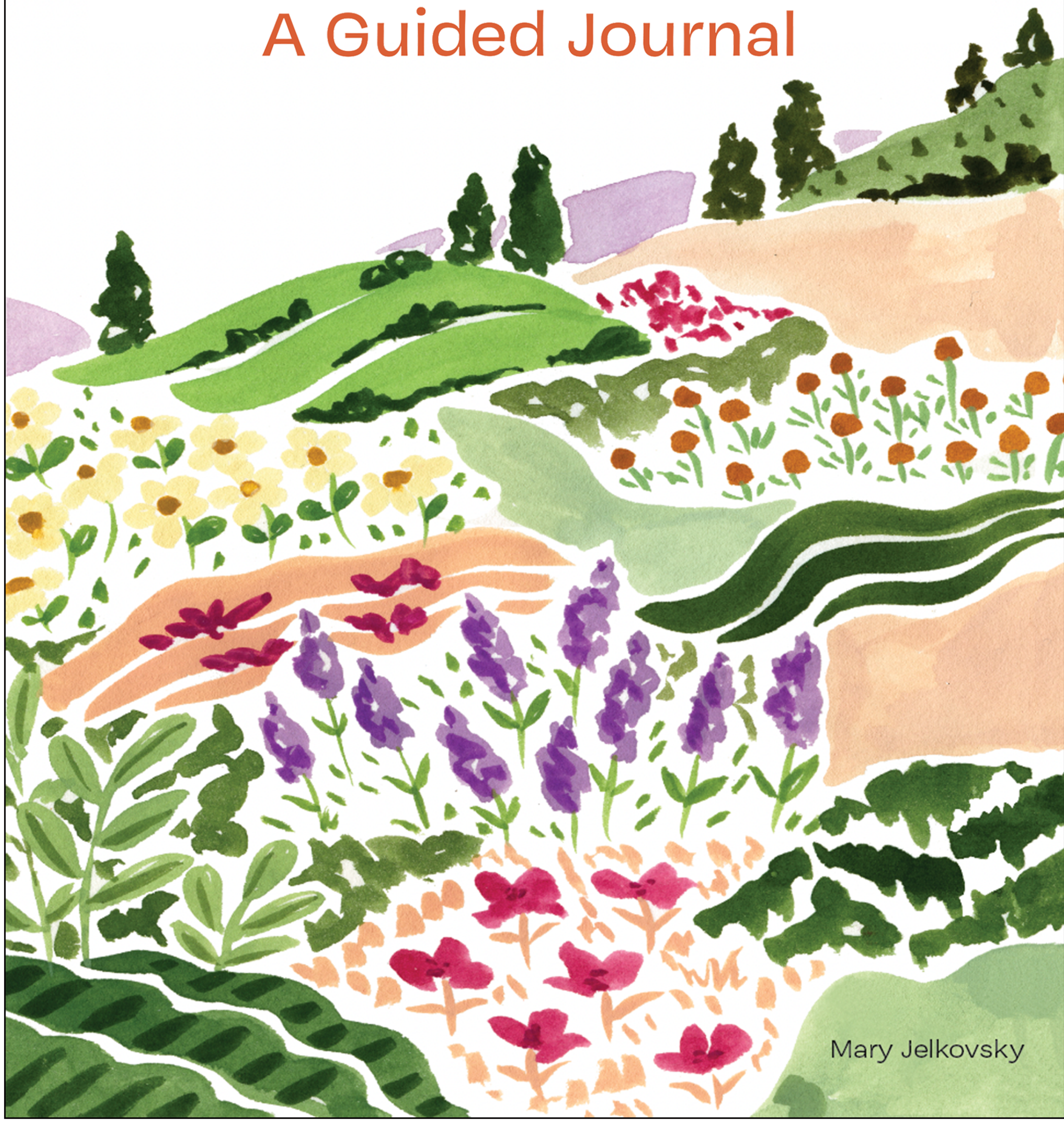


100 days of
SELF-LOVE

A Guided Journal



Mary Jelkovsky