

SEE IT TO BE IT

Discussion Guide

Tennis legend Billie Jean King profiles 11 of today's most inspiring athletes in this nonfiction book based on exclusive interviews that will empower readers and sports fans ages 12 and up. Athletes profiled are Caitlin Clark (basketball), Diana Flores (flag football), Kendall Coyne Schofield (hockey), Midge Purce (soccer), Asjia O'Neal (volleyball), Kelsie Whitmore (baseball), Amit Elor (wrestling), McKenzie Coan (swimming), Nikki Hiltz (track), Chelsea Gray (basketball), and Naomi Osaka (tennis).



1. "If you can see it, you can be it" is a mantra Billie Jean King says often. What does this phrase mean to you, especially after reading the book? Can you think of a time when seeing someone succeed made you believe you could too? Have you ever envisioned something and worked to make it happen?
2. Many athletes in the book faced obstacles—whether related to gender, identity, injury, or access. Which story stood out to you most, and why?
3. How do the athletes featured in **SEE IT TO BE IT** use their platforms beyond sports? Why is this kind of leadership important?
4. The book highlights both famous and lesser-known athletes. Why do you think it's crucial to include a range of stories in this book rather than just the stories of the most well-known stars?
5. Several athletes discuss identity—such as gender, race, or ability—as part of their journey. How does understanding an athlete's identity deepen your appreciation of their achievements?
6. What role does confidence and belief in yourself play in the success of these athletes? How can you build those qualities in your life?
7. **SEE IT TO BE IT** suggests that sports can shape leadership skills. What examples did you see of leadership in the book?
8. Why do you think participation in sports often drops for girls during their teen years? What changes—at school, in communities, or in media—might help reverse this trend?
9. How do the athletes in this book redefine what it means to be a "champion"? Do you think being a champion is only about winning?
10. Billie Jean King shares how reading Althea Gibson's memoir "I Always Wanted to Be Somebody" inspired her. Have you ever read a book that made you feel inspired or changed how you see what's possible for yourself?
11. Think about a big goal you've had. What steps did you take to work toward it, and what helped you stay motivated along the way?
12. After reading these stories, what is takeaway you can apply to your own goals—whether in sports, school, or another passion?

9781662681448 • Ages 12 and up • \$24.99 US/\$33.99 CAN